



7 April 2010

**Heritage Oil Plc
("Heritage" or the "Company")**

**HERITAGE OIL ANNOUNCES THAT THE UGANDAN GOVERNMENT
SUPPORTS HERITAGE'S SALE OF ITS INTERESTS**

Heritage Oil Plc (LSE: HOIL), an independent upstream exploration and production company, issues an update on the proposed disposal of the Company's entire interests in Block 1 and Block 3A ("the Disposed Assets") in Uganda to Tullow Uganda Limited ("Tullow").

The only substantive condition outstanding to completing the transaction is the approval by the Government of Uganda (the "Government"). Heritage has received a letter from the Government stating that it supports Heritage's sale and transfer of the Disposed Assets and that it will conclude its review of the transaction within eight weeks. Following this, Heritage expects to receive formal consent and to close the transaction shortly thereafter.

As announced previously, Tullow exercised its right of pre-emption on 17 January 2010 to acquire Heritage's 50% interest in Blocks 1 and 3A in Uganda for a cash consideration on closing of US\$1.35 billion, with deferred consideration of up to US\$150 million in cash or an interest in a mutually agreed asset. This disposal was subsequently approved by Heritage shareholders at a general meeting on 25 January 2010.

- ends -

For further information please contact:

Heritage Oil Plc

Tony Buckingham, CEO / Paul Atherton, CFO
+44 (0) 1534 835 400
info@heritageoilplc.com

Heritage Oil Plc – Investor Relations

Tanya Clarke
+44 (0) 20 7518 0838
tanya.clarke@heritageoilplc.com

Pelham Bell Pottinger – PR - Europe

Nick Lambert / Duncan Mayall

+44 (0) 20 7861 3936 / +44 (0) 20 7861 3888

NLambert@pelhambellpottinger.co.uk / DMayall@pelhambellpottinger.co.uk

CHF Investor Relations – Investor Relations - Canada

Cathy Hume / Jeanny So

+1 416 868 1079 x231 / x225

cathy@chfir.com / jeanny@chfir.com

Notes to Editors

- Heritage is listed on the Main Market of the London Stock Exchange and is a constituent of the FTSE 250 Index. The trading symbol is HOIL. Heritage has a further listing on the Toronto Stock Exchange (TSX: HOC).
- Heritage is an independent upstream exploration and production company engaged in the exploration for, and the development, production and acquisition of, oil and gas in its core areas of Africa, the Middle East and Russia.
- On completion of the sale of the Disposed Assets Heritage will receive US\$1.35 billion in cash. There is a further contingent, deferred consideration of up to US\$150 million in cash or an interest in a mutually agreed asset.
- Heritage has a producing property in Russia and exploration projects in Uganda, the Kurdistan Region of Iraq, the Democratic Republic of Congo, Malta, Pakistan, Tanzania and Mali.
- All dollars are US\$ unless otherwise stated.
- For further information please refer to our website, **www.heritageoilplc.com**

This press release is not for distribution to United States Newswire Services or for dissemination in the United States.

If you would prefer to receive press releases via email please contact Jeanny So (jeanny@chfir.com) and specify “Heritage press releases” in the subject line.

FORWARD-LOOKING INFORMATION:

Except for statements of historical fact, all statements in this news release – including, without limitation, statements regarding production estimates and future plans and objectives of Heritage – constitute forward-looking information that involve various risks and uncertainties. There can be no assurance that such statements will prove to be

accurate; actual results and future events could differ materially from those anticipated in such statements. Factors that could cause actual results to differ materially from anticipated results include risks and uncertainties such as: risks relating to estimates of reserves and recoveries; production and operating cost assumptions; development risks and costs; the risk of commodity price fluctuations; political and regulatory risks; and other risks and uncertainties as disclosed under the heading "Risk Factors" in its Prospectus and elsewhere in Heritage documents filed from time-to-time with the London Stock Exchange and other regulatory authorities. The completion of the sale is subject to certain conditions, some of which are beyond the control of the Company. Further, any forward-looking information is made only as of a certain date and the Company undertakes no obligation to update any forward-looking information or statements to reflect events or circumstances after the date on which such statement is made or reflect the occurrence of unanticipated events, except as may be required by applicable securities laws. New factors emerge from time to time, and it is not possible for management of the Company to predict all of these factors and to assess in advance the impact of each such factor on the Company's business or the extent to which any factor, or combination of factors, may cause actual results to differ materially from those contained in any forward-looking information.