



30 September 2011

Heritage Oil Plc

("Heritage")

Heritage - Transactions in Own Shares

Heritage Oil Plc, an independent upstream exploration and production company, announces that on 29 September 2011 it purchased 100,000 Ordinary Shares to be held in treasury at 240.3358 pence per share (with a price range of 234.7 and 245.0 pence per share). Following this purchase, Heritage Oil Plc holds 31,056,281 Ordinary Shares in treasury, and has 258,691,749 Ordinary Shares in issue (excluding treasury shares) as well as 2,811,408 exchangeable shares of no par value of Heritage Oil Corporation each carrying one voting right in Heritage.

The total number of voting rights in Heritage, excluding treasury shares, as at 29 September 2011 is 261,503,157.

The above figure (261,503,157) may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, Heritage under the FSA's Disclosure and Transparency Rules.

- ends -

For further information please contact:

Heritage Oil Plc

Tony Buckingham, CEO / Paul Atherton, CFO

+44 (0) 1534 835 400

info@heritageoilplc.com

Heritage Oil Plc – Investor Relations

Tanya Clarke

+44 (0) 20 7518 0838

tanya.clarke@heritageoilplc.com

Pelham Bell Pottinger – PR - Europe

Nick Lambert / Duncan Mayall

+44 (0) 20 7861 3936 / +44 (0) 20 7861 3888

NLambert@pelhambellpottinger.co.uk / DMayall@pelhambellpottinger.co.uk

CHF Investor Relations – Investor Relations - Canada

Cathy Hume / Jeanny So

+1 416 868 1079 x231 / x225
cathy@chfir.com / jeanny@chfir.com

Notes to Editors

- Heritage is listed on the Main Market of the London Stock Exchange and is a constituent of the FTSE 250 Index. The trading symbol is HOIL. Heritage has a further listing on the Toronto Stock Exchange (TSX: HOC).
- Heritage is an independent upstream exploration and production company engaged in the exploration for, and the development, production and acquisition of, oil and gas in its core areas of Africa, the Middle East and Russia.
- Heritage has a producing property in Russia and exploration projects in the Kurdistan Region of Iraq, the Democratic Republic of Congo, Malta, Pakistan, Tanzania and Mali.
- For further information please refer to our website, **www.heritageoilplc.com**